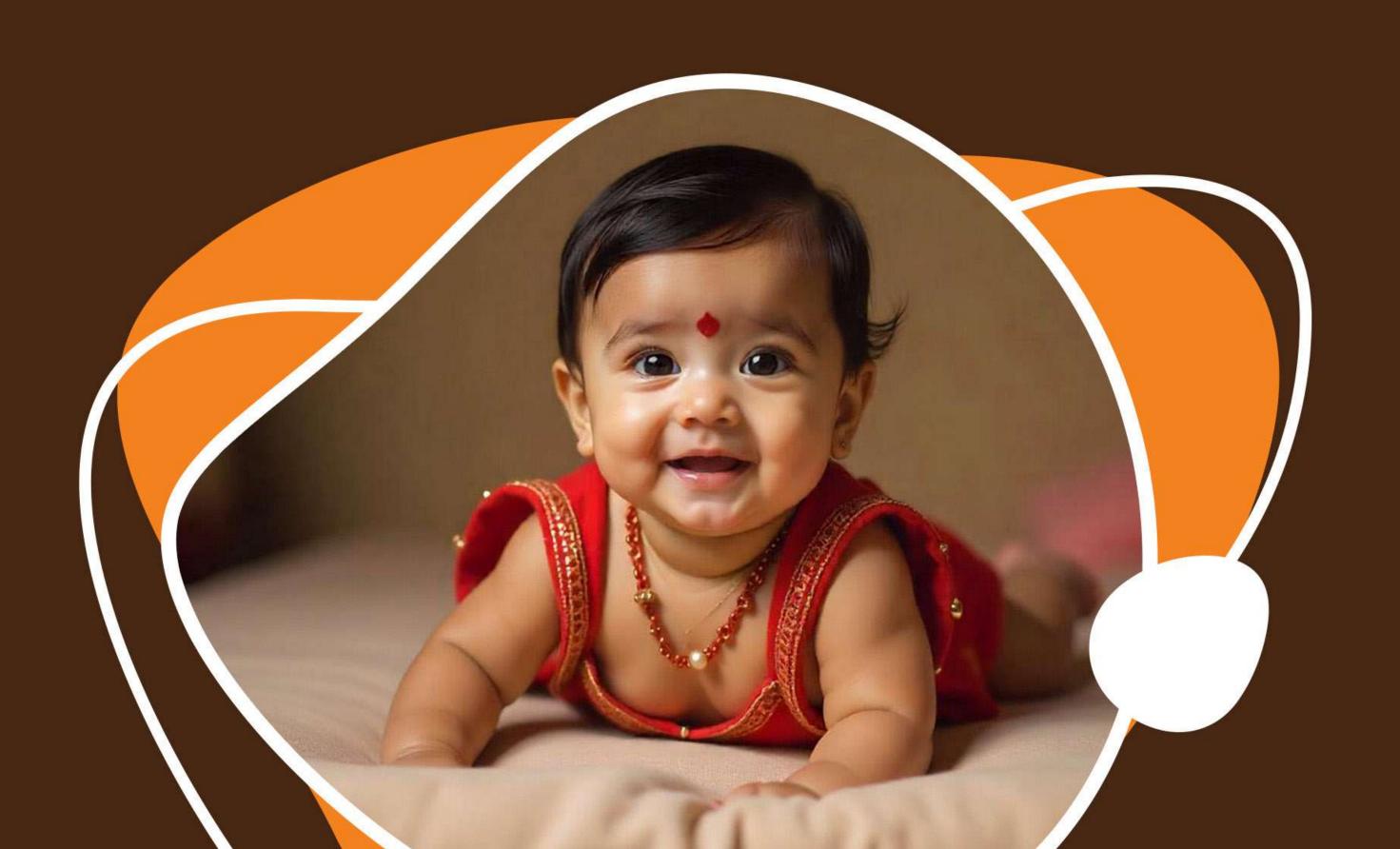


# Have a Kid

at Home?





### **Gum Care is Key**

Clean gums with a soft cloth to prevent fungal infections.





Watch for First Teeth

First tooth should appear by 6 months no tooth by 18 months may signal a delay.





## No Milk Bottles at Night

Avoid night-time milk bottles to prevent cavities.



# Early Oral Health Habits

Brush teeth with a soft toothbrush & fluoride toothpaste as soon as they appear.



#### Tips

For your baby's 1st birthday, give them a lifetime of smiles, plan your baby's first dental visit & ensure early monitoring of oral development.





Scan the QR code for your weekly dose of dental health updates



