

# Have a Kid at Home?



## Gum Care is Key

Clean gums with a soft cloth to prevent fungal infections.



# Watch for First Teeth

First tooth should appear by 6 months  
no tooth by 18 months may  
signal a delay.

6  
months

18  
months



# No Milk Bottles at Night

Avoid night-time milk bottles  
to prevent cavities.





## Early Oral Health Habits

Brush teeth with a soft toothbrush & fluoride toothpaste as soon as they appear.

## Tips

For your baby's 1st birthday, give them a lifetime of smiles, plan your baby's first dental visit & ensure early monitoring of oral development.



**Scan** the **QR code**  
for your weekly dose  
of dental health updates

